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OPA President's Column

President's Column: My “Big 5”

Mary Peterson, PhD, OPA President



Beginnings and endings prompt reflection for me. As I near the end of my OPA presidential term, I've identified my “Big 5” of significant events.

- OPA received the Student Award (2013) for the State Psychological Association (SPA) that showed the greatest improvement in graduate students involvement. Of course, this delighted me because I'm committed to graduate students experiencing the benefit of belonging to the “guild” of professional psychology. When I joined the Board, I remember looking around and thinking, this is already such a competent group who seem to have the bases covered, what can I contribute? I decided to work toward increasing student involvement. I was so pleased with the changes, everything from re-designing the student leadership model to include a staggered two-year term for the board representative to including student research in our annual conference. Of course, having a vision is only one part of the whole, the involvement of many Board members (Doug Marlow, Wendy Bourg, and Chris Wilson) as well as Carilyn Ellis and other student leaders was essential to bring life to the vision.
- OPA received the Diversity Award (2015) for the SPA that showed the greatest improvement in advancing

awareness, education and training in diversity (see photo on page 2). This award may be the most coveted honor bestowed on an SPA, and reflects the many years of effort by multiple board members. Eleanor Gil-Kashiwabara and Sandra Gonzales provided the initial leadership in creating the Diversity Committee for OPA. Over the years, many others including Shahana Koslofsky and Brad Larsen-Sanchez kept the momentum. Sandy Jenkins of OBPE shared the diversity vision and contributed to Oregon's adoption of new standards for education and training in diversity.

- OPA Legislative Committee engages in relentless advocacy for everything from scope of practice to reimbursement for psychologists in Oregon. The work of the legislative committee may be the most important work of the Board. As an example, the Legislative Committee, lead by Robin Henderson and our outstanding lobbyists Lara and Betsy Smith, are advancing game-changing bills during this legislative session. The current game-changers include
 - SB 832, which will require that services in integrated care settings be provided by *licensed* professionals who will be able to bill for mental health and physical health services without going through the extensive mental health credentialing and administrative requirements for

OPA Helpful Contacts

The following is contact information for resources commonly used by OPA members.

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OPA Lobbyist

Lara Smith - Lobbyist
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Portland, Oregon 97286
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lsmith@smithgovernmentrelations.com

Oregon Board of Psychologist Examiners (OBPE)

3218 Pringle Rd. SE, #130
Salem, OR 97302
503.378.4154
Website: www.obpe.state.or.us

OPA's Legal Counsel*

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Portland, OR 97223
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**Through OPA's relationship with Cooney, Cooney and Madigan, LLC as general counsel for OPA, members are entitled to one free 30-minute consultation per year, per member. If further consultation or work is needed and you wish to proceed with their services, you will receive their services at discounted rates. When calling, please identify yourself as an OPA member.*

Presidents Message, continued from page 1

routine patient care.

- HB 3427, which will create a task force to specifically address reimbursement for providers who take commercial insurance in Oregon.
- HB 2307, which bans Sexual Orientation Change therapy ("conversion" therapy) for minors. Watching Brad Larsen-Sanchez testify was an honor and I wish we could post the video!
- SB 144, which will establish guidelines for reimbursement for Telemedicine. As I have previously mentioned, Spencer Griffith sacrificed days of private practice to help craft this legislation.

These are just four of the 13 bills that Robin, Lara, and Betsy are monitoring on a daily basis.

- The opportunity to work with my Board colleagues to advance the profession of psychology in Oregon. As you know, all of the Board members have "day jobs" with the majority of Board members in private practice, followed by healthcare and academic settings. None of us have "work geniuses" and we return to the deferred work that requires extra night and weekend hours. Yet as a Board, we feel honored to serve and take our responsibilities seriously. This commitment to

serve was emphasized this year through our leadership training and corresponding follow-up on the initiatives established last July. I can't mention the work of the Board without highlighting the steady and professional leadership of Sandra Fisher, our Executive Director. The one consistent condition expressed by every President-Elect is that Sandra has already committed to leading us for the next three years of our respective terms. After hearing from other SPA board members, I am reminded that we have the "exemplar" of an Executive Director.

- Finally, and most important, the opportunity to get to know you and many other members, including those who serve on committees, participate in the listserv, or email me backchannel to express concerns, ask questions, or advocate for practice issues.

Although I wanted to highlight my "Big 5" during my time on the Board, there are many other wins and highlights I could have included if I wanted to create a Big 10 or even 15. I recently said that the last few years have given me a new appreciation for my grandfather's observation that "stormy seas create the best sailors." I know I have learned new navigation skills, and gained courage and wisdom from OPA members and Board colleagues.



The Oregon delegation at the APA State Leadership Conference proudly accepting the Division 31 Outstanding Diversity Program Award.

Got Culture? We Have Consultants!

Fabiana Wallis, PhD, OPA Diversity Committee

The OPA Diversity Committee has launched their Cultural Consultation services, free to all OPA members. Cultural consultations are considered protected and information and will not be disclosed outside of the Diversity Committee's peer review activities, nor be subject to reporting. In some instances, we may identify an ethical dilemma and refer you for a consultation with the OPA Ethics Committee. Here is a "pitch" for considering cultural consultations.

- **AWARENESS¹.** What is diversity awareness anyway? Isn't it obvious? Sure, there is the obvious and there is the not-so-obvious. For example, our implicit and/or explicit biases may be operating outside of our awareness or they may affect how we are able to manage them. The thoughts we have about our clients can impact our nonverbal communication thanks to the vagus nerve or social engagement system that can also operate outside our conscious awareness (see Porges). Interpersonal neurobiology is fascinating and mirror neurons are now being studied in their role in regulating racial and ethnic differences (see Iacoboni). Of note, positive regard has a higher effect size with racial/ethnic minority clients (Norcross). Hmmmm. Cultural humility is also part of increased awareness. Knowing that we don't know is key to increased cultural competence (Socrates, personal communication). You may say "What?? Knowing what you don't know?? Okay, want a shortcut? We can be humble about what we think we know—yes, even after a doctoral degree and despite cognitive dissonance making us think that the amount of tuition paid must have purchased awesome amounts of wisdom. Humility about what we think we know about others opens doors instead of closing them. If you are stuck with a client, e.g., and you double-checked your knowledge and skills, it may be worth consulting about awareness—what am I not seeing here?"
- **KNOWLEDGE.** If you have a pulse, you have culture. We all do, all our clients do. How do we consider the multidimensionality of our clients? How do we understand our own culture? There is always a starting point for knowledge about culture, and for some clients we may need to find out more than for others. In this case, we need to assess our sources of information about what we think/assume is the client's culture. We also need to differentiate between knowledge and experience, as they are not the same thing. A cultural consultation may help with gaining specific cultural knowledge, identifying potential assumptions, and discovering ways to get the information you need to further your client's treatment gains and wellbeing.
- **SKILLS.** What if a client asks you during the first session to focus on, let's say, their depression and

procrastination, and NOT on their transsexual identity/biracial background/veteran status/fill in any minority category? **How would you handle that? Do you simply honor the request? But what about ignoring a part of who this person is? Well, there are several possible ways to respond, and your take on culture will likely influence your choices.**

Please send your response to the Diversity Committee and we will select the best responses and publish them in the next issue! You may submit a response by emailing our current Diversity Committee Chair Brad Larsen-Sanchez at brad@bradlarsenpsy.com, and indicate whether you wish to be identified by name if your response is selected for publication. If you would like to submit a response anonymously, please snail mail to Brad at 3050 SE Division St, Suite 215, Portland, OR 97202. Thank you for playing!

Notes

1. Cultural competency is often divided into awareness, knowledge and skills, so let's use this framework (even if they are interrelated).

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Adversarial Allegiance: The Ethical Strive toward Maintaining Objectivity, Integrity, and Best Practices in Forensic and Clinical Assessment

Alexander C. Duncan, PsyD, ABPP (Forensic), OPA Ethics Committee

It is reasonable to conclude that adversarial allegiance is a real pull that we as psychologists have an ethical responsibility to address. With the need for future research into its causes and ways to minimize its impact, the following recommendations are provided regarding adversarial allegiance. These are largely based on the *APA Ethics Code's General Principles* (2010) and *Specialty Guidelines for Forensic Psychology* (2011), the psychological literature, and extensive forensic training and work experience. Although applied to forensic psychology in this article, these seem to generalize easily to other areas of psychological assessment.

Adversarial allegiance is the presumed tendency for experts to reach conclusions that support the party who retained them (Murrie et al., 2009). The possible presence of adversarial allegiance in psychology was first researched by Murrie, Boccaccini, Johnson, and Janke (2008) and Murrie et al. (2009). The sample in these field studies were attorney-selected experts for sexually violent predator trials (SVP). Results showed that prosecution-retained evaluators assigned higher scores for the same offenders on the Hare Psychopathy Checklist—Revised (PCL-R), Static-99, and Minnesota Sex Offender Screening Tool—Revised (MnSOST-R) compared to defense-retained evaluators, particularly as these measures show strong interrater agreement in research and practice contexts that are not adversarial. A subsequent study by Murrie, Boccaccini, Guarnera, and Rufino (2013), investigating the assessment of risk for sexual recidivism using random assignment, suggested that “even without selection effects, the pull of adversarial proceedings tends to influence opinions by paid forensic experts” (p. 7).

Psychologists working in the forensic arena are exposed to an adversarial legal system, which has the potential to challenge our ethical striving toward maintaining objectivity and integrity. As noted in Gutheil and Simon (1999), the goals of the forensic expert and retaining attorney differ in important ways, causing an enduring tension. For example, the ethical obligation of the defense attorney is to zealously advocate for his or her client. “In contrast, the [psychological] expert is committed to honesty and to striving for objectivity throughout, even when those goals are accomplished at the cost of disappointing the retaining attorney by, in essence, failing to be sufficiently partisan” (p. 546).

It has been argued that some adversarial allegiance results from selection effects in that the referring attorney may choose a psychologist whose philosophy favors his or her side. Other factors to consider are subtle and/or overt influence by the retaining attorney in a relationship that can range from limited, initial contact to one of extensive contact over weeks to months. Within the context of working in an adversarial system with competing ethical mandates as noted above, the psychologist's level of

experience, consideration of monetary payment and future work, methods of assessment, and own underlying biases and needs should be considered as well.

The following are recommendations for reducing the potential impact of adversarial allegiance. The *APA Specialty Guidelines for Forensic Psychology* (2011) are essential guidelines with which to be familiar and follow.

“The goals of these Guidelines are to improve the quality of forensic psychological services; enhance the practice and facilitate the systematic development of forensic psychology; encourage a high level of quality in professional practice; and encourage forensic practitioners to acknowledge and respect the rights of those they serve. These guidelines are intended for use by psychologists when engaged in the practice of forensic psychology as described below, and may also provide guidance on professional conduct to the legal system, and other organizations and professions” (p. 1).

Be clear about and embrace your role as psychological consultant or expert who strives for objectivity with every exam. This carries over to the informed consent process with the retaining attorney or third party. During your

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initial interactions, obtain enough information to see if you are competent and a good fit for the case. Be clear with the retaining party about your role and what you can and can't do in terms of answering the psycho-legal issue and referral question. Gather information you need to complete the exam and be prepared to discuss your assessment methods, which should include multiple sources of information. Keep an eye on the nature of your ongoing contact with the referring party and for warning signs that may jeopardize objectivity (e.g., being provided with limited/selective collateral sources, signs that the attorney wants you to do more than you feel comfortable or is warranted by the data and our ethical code of conduct). For details regarding early warning signs and expert vulnerabilities to attorney pressures, please see Gutheil and Simon (1999).

Utilizing consistent and comprehensive assessment methods and multiple sources of information builds upon reliability and accuracy. Consistencies among these data sources provide strength for your opinion while a lack thereof may require additional investigation, seeking out more collateral information, and/or limits to your opinion. Are you using assessment measures with optimal sensitivity and specificity to the case at hand and if not, why not? How do you go about reviewing the data and why do you do it that way? What do you consider as essential data and why? Are you considering competing hypotheses to your opinion and are you prepared to explain those? During this process, consult with colleagues, even with those who tend to challenge your thinking. Continue to monitor the degree you have blind spots and/or are prone to self-deception, the desire to help the referring party, etc.

Throughout this process, be mindful and attempt to address any potential biases, such as those related to the specific case or examinee, the referring party, and/or toward other evaluators involved in the case. Do you present with a situation and/or possess any preexisting attitudes that may further challenge your objectivity (e.g., just beginning a forensic practice, or beliefs and/or countertransference related to a certain diagnosis, examinee misconduct, maladaptive personality traits, etc.)?

Through further monitoring, building upon professional development, and reducing isolation, seek out consultation as indicated above. Maintain balance in life, self-care, and humility. Keep a database, noting the nature of the referral, referring party, opinion, and other relevant areas. This can help keep track of the degree to which you are pulled by adversarial allegiance. It can provide the Court and/or referring party with information about the types and number of evaluations you have completed, and the percentage of those that have favored the referring party.

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OPA Announces 2015-2016 Board of Directors

The ballots have been tabulated for both the special election and the regular election for the OPA Board of Directors. For the special election, **Wendy Bourg, PhD was elected to serve as President Elect starting at the close of the Special Election on May 1, 2015.** On July 1, 2015 this position will move to the position of President.

The following OPA members were elected to serve as the new officers for the 2015-2016 board of directors and will take office on July 1st:

Shahana Koslofsky, PhD – President Elect
Ryan Dix, PsyD – Treasurer
Spencer Griffith, PsyD – Secretary

The following OPA members were elected as directors for the 2015-2016 board:

Juliette Cutts, PsyD
Alan Ledford, PhD

Remaining Board members will include (with the title that will go into effect on July 1, 2015: Wendy Bourg, PhD, President; Mary Peterson, PhD, Past President; Teri Strong, PhD, Director/APA Rep; Brad Larsen-Sanchez, PsyD, Diversity Committee Chair; Jenne Henderson PhD, Ethics Committee Chair; Robin Henderson, PsyD, Legislative Committee Chair; Freda Bax, PsyD, Director; Ryan Dix, PsyD, OBPE Liaison; Cynthia Song, MA, JD, Student Representative; Shannon Young, PhD, Lane County Chapter Rep; Rebecca Breiholz, PhD, Southern Oregon Chapter Rep; Connie Umphred, PhD, Eastern Oregon Chapter Rep and Linda Schrader, PhD, Central Oregon Chapter Rep.

Book Review: Why “Good Kids” Turn into Deadly Terrorists

Shoshana D. Kerewsky, PsyD, HS-BCP, Editor, *The Oregon Psychologist*

LoCicero, A. (2014). *Why “good kids” turn into deadly terrorists: Deconstructing the accused Boston Marathon bombers and others like them*. Santa Barbara, CA: ABC-CLIO.

The recent trial and sentencing of Dzhokhar Tsarnaev returns our attention to the 2013 Boston Marathon bombings and the question of why “good kids” would engage in such extreme interpersonal violence. LoCicero, a Boston-area psychologist, attempts to explain how these behaviors originate and are fostered by both political recruiters and cultural context. While her primary focus is on Dzhokhar Tsarnaev, she uses other young people engaged in related actions to support her assertion that “in each case that [youth’s] vulnerability was taken advantage of by some recruiter whose self-serving actions led the youth seeking meaning to a terrible choice” (pp. 3-4).

LoCicero traces the history of the Tsarnaev brothers and describes the positive impressions many who knew him had of Dzhokhar prior to the Boston Marathon bombing, as well as the shocking disjunction between those perceptions and his part in the bombing. How did a “good kid” become a terrorist? In addition to defining terrorism (in contrast to, for example, mass killings such as those perpetrated by Adam Lanza [pp. 42-43]), she cautions against simplistic, un-nuanced explanations, returning repeatedly to the complexity of the factors that may lead an adolescent to terrorism.

One factor LoCicero identifies is a large failure of meaning-making on the part of majority culture. She points to the myth of assimilation and a lack of understanding of immigrants’ personal and cultural histories, as well as how they may

be perceived negatively in their new culture. She contends that youths’ vulnerability to recruitment to terrorist activities is heightened by their generational trauma, loneliness, lack of positive group identification, family distress and dysfunction, moral disengagement, and “the false idea that [they] could... redress the wrongs they [and their people] had suffered” (p. 5). Putting these ideas together, including the possibility that the youths see themselves as acting from altruism for their group (p. 39), she asks somewhat provocatively (though perhaps in the spirit of Archbishop Desmond Tutu), “How did Cambridge fail Dzhokhar?” (p. 11). This view of young terrorists greatly expands and shifts the reader’s perspective and challenges a reductive description of good versus evil people and actions.

Providing a different and re-focused perspective is a hallmark of the book. LoCicero uses African child soldiers,

U.S. troops with PTSD or TBI, and even the American revolutionaries to cause the reader to consider different ways to think about people who engage in violence. For example, American revolutionaries may be “freedom fighters or guerillas” (p. 40) depending upon who is describing them, as may Nelson Mandela (p. 51-52).

Much of the book provides the historical context of Chechen and Muslim/Christian history, and describes the factors that may make youth more susceptible to recruitment. Examples from the specific history of the Tsarnaevs and other young terrorists are specific, but also serve as illustrations of the adolescents’ identity issues, world view, and vulnerability to political recruitment.

Among her other recommendations, LoCicero suggests that the recruit-

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OPA Public Education Committee Facebook Page - Check it Out!

We are pleased to announce the OPA Public Education Committee Facebook page.



The purpose of the OPA-PEC Facebook page is to serve as a tool for OPA-PEC members and to provide the public access to information related to psychology, research, and current events. The social media page also allows members of the Public Education Committee to inform the public about upcoming events that PEC members will attend. Please visit and “like” our page if you are so

inclined and feel free to share it with your friends!

You will find the OPA Public Education Committee’s social media policy in the About section on our page. If you do “like” us on Facebook, please familiarize yourself with this social media policy. We would like to encourage use of the page in a way that is in line with the mission and ethical standards of the Association.

Go to <https://www.facebook.com/pages/Oregon-Psychological-Association-OPA-Public-Education-Committee/160039007469003> to visit our Facebook page.

ment of youth to terrorism may be reduced “by dispelling the myths told to potential recruits, and also by ending the conditions that lead to [terrorism’s] use” (p. 16). She advocates for a compassionate approach and creating positive meaning-making for youth (such as listening to them), as well as anti-recruiter actions at a societal level. She provides extensive further reading suggestions and end notes.

A theme underlying LoCicero’s analysis is that majority culture would benefit from a more complex understanding of diversity and people whose histories and life events diverge from majority culture’s expectations and experiences. An important take-away message is that failing to do so perpetuates youths’ involvement in terrorism.

LoCicero’s website is <http://www.whygoodkidsturnintodeadlyterrorists.com/>.

Oregon Pride Events

The OPA Diversity Committee is excited to announce that this year’s Pride Parade is right around the corner (June 14, 2015), and we would like to invite all OPA members to join us in walking in the Parade. More information on our group’s location and pre-parade organization and contact information will be forthcoming. You can also visit <http://pridenw.org> for more details.

We also invite OPA members to commit to participating in additional statewide events (listed below chronologically):

Central Oregon Pride 2015:
Saturday, June 20, 12:00 pm-6:00

pm at Drake Park <http://centraloregonpride.org>

Eugene/Springfield Pride Festival: Saturday August 8, 12:00-7:00 pm, <http://eugenepride.org/>

Capitol Pride (Salem): August 15, 10:00 am, <http://capitolpride.org>

Oregon Coast Pride: Our Footprints Are Everywhere: September 11, 12 and 13, <http://www.oregoncoastpride.com>

Southern Oregon Pride: October 10, <http://www.sopride.org/pages/home.html>

Central Oregon Association of Psychologists Regional Affiliate of the Oregon Psychological Association

Trending Alert! Trending Alert! Appreciating the Multiplicity of Gender Identities in the 21st Century: Practical Knowledge & Applications for the 21st Century Therapist

Presented by Elise Turen, Ph.D., A.C.S

Dates (come to one or both):

Friday, September 25th, 2015

9 am until 4 pm (Registration starts at 8:30 AM)
6 hours of Continuing Education Credit*
Lunch and beverage are included with Friday’s program

Saturday, September 26th, 2015

9 am until 12 pm (registration starts at 8:45 AM)
3 hours of Continuing Education Credit*
Tea and coffee service included with Saturday’s program

Location: The Hampton Inn at the Old Mill
730 SW Columbia Street, Bend, Oregon

Workshop Overview:

This workshop will take place in two parts: Friday will be a 6-hour CE workshop, and Saturday will be a 3-hour special presentation that will take the topic to a deeper level. Participants are invited to participate in either one or both workshops. Note that workshop participants can get CE credits through COAP/OPA and/or AASECT (American Association of Sexuality Educators, Counselors and Therapists).

Friday: Friday’s 6-hour Workshop in Transgender Studies will prepare you in working with clients who define themselves somewhere “outside the binary” of being either man or woman. In this course you will learn to contextualize the transgender experience historically, and will be introduced to important individuals whose exploration and understanding of this population are significant in their evolving treatment.

Saturday: Saturday will be a special 3-hour presentation that examines the intersectionality of ones emerging gender identity and their evolving sexuality.

Questions and registration information can be directed to bendworkshop@yahoo.com



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OPA 2015 Awards

Every year OPA recognizes outstanding individuals and organizations through its award ceremonies at the Annual Conference. Below are this year's recipients.

Outstanding Service Award

This award honors a special group within our community that has made strides to help teach our community about the importance of psychology and mental health. The award was established to acknowledge the contributions of a person or group in Oregon, who has by its actions, theory, or research promoted or contributed to the emotional and psychological well-being of others through the positive use of psychological principles.



Carol Metzler, Science Director; Chris Arthun, Board Chair; and Ramona McCoy, Media Services Manager from the Oregon Research Institute receive their Outstanding Service Award from OPA Past President Eleanor Gil-Kashiwabara.

This year OPA honored the Oregon Research Institute. Founded in 1960, the Oregon Research Institute, or ORI, is a charitable 501(c)3 research center, dedicated entirely to understanding human behavior and improving the quality of human life. It is funded by research grants from the National Institutes of Health and by the United States Department of Education. ORI scientists study such topics as childhood obesity and behavioral problems, adult chronic physical illness, substance use and abuse, adolescent depression, and eating disorders.

ORI began with just a few scientists and staff working out of one small office in Eugene, Oregon. They now have satellite offices in Portland,

Oregon and in Albuquerque, New Mexico. ORI is consistently one of the top 50 nonprofit institutions receiving federal funds in the country and is the largest independent behavioral research center in Oregon. ORI employs 200 people including 47 research scientists. In 2014, they had 61 research grants and a budget of \$20 million.

Since its founding, ORI has attracted top-notch researchers from around the world. The scientists enjoy ORI's dynamic and collegial work environment, share in ORI's commitment to scientific excellence and scientific freedom, and uphold ORI's high ethical and scientific standards. The scientists and their interests drive ORI's research program. They study human behavior to learn why people behave the way they do and to develop programs to help people lead healthier lives.

ORI believes that progress in promoting human health and wellbeing will be best achieved by working in partnership with other scientists, mental health clinicians, educators, healthcare professionals, and community leaders.

Their work is broad in scope, from basic research to understand the causes of human behavior, to applied research to develop programs to promote behavior change. ORI's current work is grouped into four research categories: Promoting Healthy Child Development; Promoting Physical Health; Preventing and Treating Tobacco, Alcohol, Illegal Drug Use, and Related Problems; and Promoting Psychological Health. There is much collaboration across research areas as scientists share their expertise with one another.

In regards to their work on Promoting Psychological Health, ORI scientists study emotional and behavioral disorders as well as normative development and personality, in order to better understand factors that make people vulnerable to serious mental health disorders—as well as factors that

increase resilience, that is, that help people cope with daily challenges. An important component of research in this area is developing and evaluating interventions for the prevention and treatment of disorders. They currently have projects going on in the areas of Understanding and Treating Eating Disorders and Understanding and Treating Depression.

Their work on eating disorders has significantly advanced the scientific understanding of the causes of bulimia nervosa, anorexia nervosa, and binge eating disorder in young women. The team has conducted several research studies to identify and examine such risk factors as “thin-ideal internalization” (the association of success and happiness with being thin), body dissatisfaction, and negative mood. These research studies are among the largest and longest running on the causes of this serious psychiatric disturbance.

Their work on the causes and treatment of depression has been a focus of study at ORI for almost 30 years. Their current research focuses on understanding family and emotional processes related to adolescent depression, developing and evaluating innovative treatments including those for delivery on the Internet, and disseminating treatment programs into community settings.

Diversity Award

The Diversity Committee honored Sandra Jenkins, PhD with its Diversity Award. Dr. Jenkins is the director of Human Diversity in the School of Professional Psychology at Pacific University in Oregon. Her work includes teaching psychodynamic psychotherapy and object relations in the therapy relationship; and supervision and training of introductory clinical skills. She also serves as the Clinical Supervisor at the Psychological Service Center and maintains a clinical private practice serving a variety of individual and family

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clients. Her research interests include, ethnic minority women, psychology of women, low-income clients, and Rorschach protocols of minority children. Dr. Jenkins' community involvement includes working with local agencies who serve underserved minorities, and work in the areas of alcohol and drug, lesbian and gay, and child and adolescent clients, as a consultant, board member, skills trainer and program evaluator.



Sandra Jenkins receives the Diversity Award from OPA Diversity Committee Chair, Brad Larsen-Sanchez.

Labby Award

The Labby Award is the association's most prestigious award. It represents an OPA member who has shown outstanding contributions to the development of the advancement of psychology in Oregon.

OPA selected Linda Forrest, PhD as the 2015 Labby Award recipient. She exemplifies the merits the award calls for through her years of service and contributions to the development and advancement of psychology.

Dr. Forrest is a full professor emerita in the Department of Counseling Psychology and Human Services at the University of Oregon. She taught courses on professional ethics in the Counseling Psychology program and Couples and Family Therapy program.

Her scholarship focuses on ethics and professional training issues, specifically, educators' responsibility for addressing and working with trainees who are struggling to develop

adequate professional competencies.

She served as president of the American Psychological Association's Division 17 which is the Society of Counseling Psychology, and was the co-coordinator of the 2008 International Counseling Psychology Conference. Previously, she served a six-year term on the APA Council of Representatives and as a member of the APA Board of Educational Affairs. She served as the associate editor of *The Counseling Psychologist*, and has served on the editorial board of the *Journal of Counseling Psychology*.

Before joining the University of Oregon in 2002, Dr. Forrest was a professor in the Counseling Psychology program at Michigan State University, where she served as assistant chair of the Department of Educational Psychology, area head, program director, and director of training of the Counseling Psychology program.

She is a Fellow of the American Psychological Association (APA) in three divisions: Division 17, the Society of Counseling Psychology; Division 35, the Society for the Psychology of Women; and Division 44, The Society for the Psychological Study of Lesbian and Gay Issues.

Dr. Forrest has devoted much of her profession to education and training issues in counseling psychology, and professional psychology more broadly. She has published 60 peer-reviewed journal articles, one book, and 7 book chapters, plus numerous professional presentations to her credit.

For over two decades she has been a leading scholar on issues of trainees with competence problems, and she has been invited to deliver keynote addresses to training council conferences and other professional meetings. She edited special issues for *Training and Education in Professional Psychology* regarding trainee competence problems and conscience clause issues. She wrote a chapter about education and training for the *APA Handbook of Counseling Psychology*, published two reaction articles in *The Counseling Psychologist* about early

career professionals, and wrote a major review on feminist pedagogy and multicultural pedagogy. In addition to her own scholarly work, Dr. Forrest has served on 11 journal editorial boards, including being Associate Editor for *The Counseling Psychologist* from 1999-2002. Dr. Forrest has played a very significant role in shaping literature and scholarship in education and training in counseling psychology.

It is obvious that Dr. Forrest exemplifies the very best in psychology. Her lifetime contributions to education and training in counseling psychology are evident through her achievements as a faculty member, training director, university administrator, scholar, and leader in our professional community. To quote one of her colleagues, Dr. Barry Chung, Professor and Program Director of Counseling Psychology at Indiana University Bloomington, "Dr. Forrest's impact on students and early career professionals is a legacy unmatched by anyone I know in the profession."

PAC Notes On the Web

The Professional Affairs Committee (PAC) would like to remind OPA Members of content available on the OPA website (www.opa.org). In the Professional Affairs Committee section, the PAC has a subsection with an assortment of resources for members. Included are articles related to practice by PAC members, guidelines, and a template for professional wills to help get us all compliant, information on APA Record Keeping Guidelines, links to CEUs related to practice, and more!



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Conference Highlights

The OPA 2015 conference held in Eugene, Oregon was a great success with over 130 attendees, student poster sessions, exhibitors, great educational sessions and more! The conference featured up to 12 hours of continuing education credit in a variety of topic areas pertaining to psychology, and allowed for excellent networking time. Presentations were also made at the conference for the Labby Award, Community Service Award, Diversity Award, and volunteer recognition. See the photos for more highlights.



Attendees enjoy some social time at the conference reception at Davis Restaurant.



Eleanor Gil-Kashiwabara receives the Past President recognition plaque from Wendy Bourg.



President Elect Wendy Bourg explains the importance of political giving to attendees.



Attendees enjoy networking and a delicious lunch on Friday of the conference.



Dr. Kirk Schneider presents an Existential-Integrative Approach to Therapy.



Attendees enjoy some social time at the conference reception at Davis Restaurant.



Wendy Bourg and Peter Grover catch up at the reception.



Irmgard Friedburg and Sandy Ramirez connect at the reception.



PEC members Tony Farrenkopf, Connie Umphred, Cyndi Connolly, and other attendees at the reception.



George Fox University is well represented with Erin Gelien, Mary Peterson, Roseann Getchell, and Stephen Hancock.



Student Maritza Cobian and Leslie Butler working at the registration desk.



Scott Pengelly presents *I'd Connect If I Only Had a Brain*.



President Mary Peterson addresses the group on Saturday.



Paul Cooney, OPA General Counsel, makes a generous donation to POPAC and presents a matching donation challenge.



Incoming PEC chair Cyndi Connolly talks about the committee's activities.



President Elect Wendy Bourg addresses the group on Saturday.



Wendy Bourg and Mary Peterson thank conference Chairman Chris Wilson for his service on the OPA Board.



Past President Douglas Marlow encourages POPAC donations from attendees.



Karen Paez receives her recognition of Board service from President Mary Peterson.



Maritza Cobian receives her recognition of Board service from President Mary Peterson.

OPA 2015 Conference Highlights — Student Research Posters & Session



Attendees review the research poster sessions.



Joyce Cha discusses her research with Cheryl Gifford, Chris Wilson, and Wendy Bourg.



Caitlin Speck chats with Roseann Getchell while Past Presidents Douglas Marlow and Cliff Johannsen catch up.



Attendees review the research poster presentations.



Presenters for the Life After Graduate School session.



Amber Nelson with her research poster.



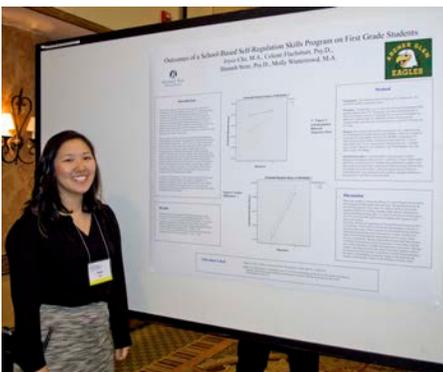
Attendees listen to the session on Life After Graduate School.



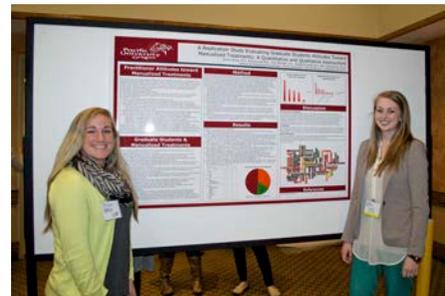
Josh Borrelli with his research poster.



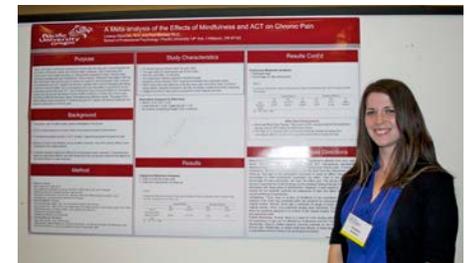
Erin Gelien with her research poster.



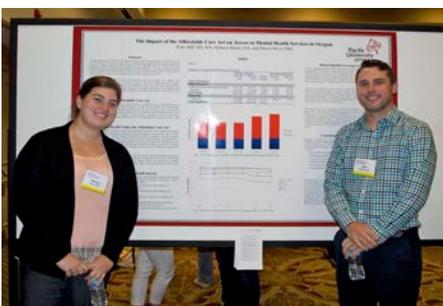
Joyce Cha with her research poster.



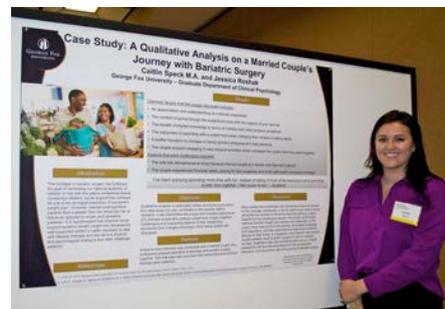
Amelia Ladd and Lauren Rosso with their research poster.



Lindsay Rautman with her research poster.



Delaney Banas and Kyle Ahlf with their research poster.



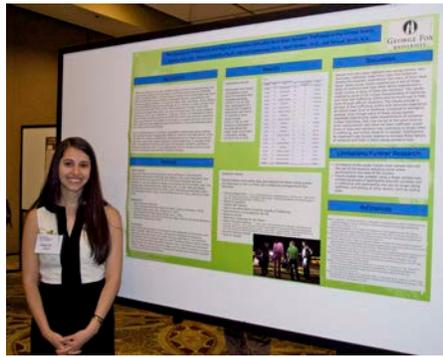
Caitlin Speck with her research poster.



Caitlin Speck with her other research poster.



Stephen Hancock with his research poster.



Jasmine Holt with her research poster.



Bridgette Norris, Nicolette Wise, Lauren Bowling, Melissa Lewis, and Olivia Preston with their research poster.



Jasmine Holt discusses her research with Board member Ryan Dix.



Shaun Davis with her research poster.



Tyson Payne with his research poster



Maritza Cobian presents Amber Nelson with a research poster award.



Erin Gelien with her other research poster.



Amelia Ladd and Lauren Rosso are presented with an award for their research.



OPA Student Representative Maritza Cobian and President Mary Peterson address the students.



Maritza Cobian presents Roseann Getchell with an award for her research.

Welcome New and Returning Members

Kristy Baker, PsyD
Sherwood, OR

Tabitha Becker, PsyD
Lake Oswego, OR

Jacqueline Cape, PhD
Portland, OR

Cyn Connais, PsyD
Portland, OR

Camille Curry, PsyD
Portland, OR

Isabelle Dousarkissian
Portland, OR

Kenneth Dudley PhD
Baker City, OR

Carilyn Ellis, PsyD
Waldport, OR

Amin Eslami
Portland, OR

Stephanie Evans, PsyD

Avid Farahani, PsyD
Lake Oswego, OR

Thomas Faria

David Fischer, PsyD
Portland, OR

Joan Fleishman, PsyD
Portland, OR

Irmgard Friedburg PhD
Salem, OR

Ron Fritz
Dallas, OR

Erin Gelien MS, MA
Beaverton, OR

Blake Gimbel
Hillsboro, OR

Ann Heyen, PhD
Portland, OR

David Kline, PsyD
Hillsboro, OR

James Mours, PsyD
Oregon City, OR

Nnenna Nwankwo, MS
Hillsboro, OR

Sara Phillips, PsyD
Salem, OR

Amanda Ribbers, BA
Portland, OR

Noreen Riordan, PhD
Portland, OR

Laura Roberts, PsyD
Milwaukie, OR

Elisa Rudd, PsyD
Portland, OR

Jennifer Simon-Thomas, PhD
Portland, OR

Cynthia Song, MA, JD
Newberg, OR

William Sturtevant, PhD
Saint Helens, OR

Karin Trinkler, MA
Gold Beach, OR

Raymond Trybus, PhD
San Diego, CA

Jenae Ulrich, PsyD
Portland, OR

Darci Walker, PsyD
Portland, OR

Laura White, PsyD
Salem, OR

Jessica Wilson, PsyD
Portland, OR

Ashleigh Young, PsyD
Portland, OR

Register Now!



Transitions Professional Center presents

Palliative Care

Across the Lifespan

October 16, 2015

Crowne Plaza | Portland, Oregon

Co-sponsored by
Patient/Family Support Services of the Knight Cancer Institute

For more information go to www.transitionspc.com

Check Us Out!

Now you can find diversity information and resources on the OPA website! The OPA Diversity Committee has been working hard to make this happen. You can also learn more about the OPA Diversity Committee and our mission on this site. Check us out online!

- Go to www.opa.org and click on Committees and then Diversity Committee.

We hope the Diversity Committee's webpage is helpful to OPA members and community members in our mission to serve Oregon's diverse communities.

www.opa.org

Check out OPA's website at www.opa.org to see information about OPA and its activities and online registration for workshops!

OPA Continuing Education Workshops

The Oregon Psychological Association sponsors many continuing education programs that have been developed to meet the needs of psychologists and other mental health professionals. The Continuing Education Committee works diligently to provide programs that are of interest to the wide variety of specialties in mental health. Below is a list of the upcoming education offerings. All workshops are held in

Portland, Oregon unless otherwise noted. Full information and registration for the fall workshops will be available in early summer at www.opa.org.

The Oregon Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists. OPA maintains responsibility for this program and its content. Letters of completion

will be awarded to participants who attend the entire workshop. No partial credits are given. OPA workshops should be satisfactory for Oregon Licensed Social Workers' and LPCs' continuing education requirements. Approval for any other licensing or regulatory bodies must be completed by individual attendees.

2015-2016 Schedule

June 5, 2015

Treating Complex Trauma in Adolescents & Young Adults

by John Briere, PhD

September 25, 2015

The Peaceful Parenting Approach to Working with Children & Parents

By Laura Markham, PhD

October 15, 2015

CFHA Pre-Conference Workshop co-sponsored by OPA

Practice Modification to Embrace Multiculturalism: Integrated Primary Care for the Person AND the Population

By Samantha Pelican Monson, PsyD and KC Lomonaco, PsyD

December 4, 2015

What's Food Got to do With It? The Relationship between Nutrition and Mood

By Erin Enzweiler, LPC, RD

January 29, 2016

The Ever Changing Landscape of Diagnosing and Treating Autism Spectrum Disorder

By Darryn Sikora, PhD and Erin Moran, PsyD

May 6-7, 2016

OPA Annual Conference

Oregon Convention Center - Portland, OR

**To register go to
www.opa.org**

If you are interested in diversity CE offerings, cultural competence home study courses are offered by the New Mexico Psychological Association (NMPA) to OPA members for a fee. Courses include: Cultural Competency Assessment (1 CE), Multicultural Counseling Competencies/Research (2 CEs), Awareness-based articles (3 CE), Knowledge based articles (3 CE), Skills-based articles on counseling (3 CE) and Skills-based articles on assessment (3 CE). Go to www.nmppsychology.org for more information.

Calendar items are subject to change
To register go to www.opa.org

OPA Attorney Member Benefits

Through OPA's relationship with Cooney, Cooney and Madigan, LLC as general counsel for OPA, members are entitled to one free 30-minute consultation per year. If further consultation or work is needed and you wish to proceed with their services, you will receive their services at the discounted OPA member rate. Please call for rate information. They are available to advise on OBPE complaints, malpractice lawsuits, practice management issues (subpoenas, testimony, informed consent documents, etc.), business formation and office sharing, and general legal advice. To access this valuable member benefit, call them at 503.607.2711, ask for Paul Cooney, and identify yourself as an OPA member.

OPA Ethics Committee

Do you have an ethics question or concern? The OPA Ethics Committee is here to support you in processing your ethical dilemmas in a privileged and confidential setting. We're only a phone call away.

Here's what the OPA Ethics Committee offers:

- **Free** consultation of your ethical dilemma.
- **Confidential** communication: We are a peer review committee under Oregon law (ORS 41.675). All communications are privileged and confidential, except when disclosure is compelled by law.

- **Full consultation:** The committee will discuss your dilemma in detail, while respecting your confidentiality, and report back our group's conclusions and advice.

All current OPA Ethics Committee members are available for contact by phone. For more information and phone numbers, visit the Ethics Committee section of the OPA website in the Members Only section, and page 20 of this newsletter.

Join OPA's Listserv Community

Through APA's resources, OPA provides members with an opportunity to interact with their colleagues discussing psychological issues via the OPA listserv. The listserv is an email-based program that allows members to send out messages to all other members on the listserv with one email message. Members then correspond on the listserv about that subject and others. It is a great way to stay connected to the psychological community and to access resources and expertise. Joining is easy if you follow the steps below. Once you have submitted your request, you will receive an email that tells you how to use the listserv and the rules and policies that govern it.

How to subscribe:

1. Log onto your email program.
2. Address an email to listserv@lists.apapractice.org and leave the subject line blank.
3. In the message section type in the following: subscribe OPAGENL
4. Hit the send button, and that is it! You will receive a confirmation via email with instructions, rules, and etiquette for using the listserv. Please allow some time to receive your confirmation after subscribing as the listserv administrator will need to verify your OPA membership before you can be added.

Questions? Contact the OPA office at info@opa.org.

Psychologists of Oregon Political Action Committee (POPAC)

About POPAC...The Psychologists of Oregon Political Action Committee (POPAC) is the political action committee (PAC) of the Oregon Psychological Association (OPA). The purpose of POPAC is to elect legislators who will help further the interests of the profession of psychology. POPAC does this by providing financial support to political campaigns.

The Oregon Psychological Association actively lobbies on behalf of psychologists statewide. Contributions from POPAC to political candidates are based on a wide range of criteria including elect-ability, leadership potential and commitment to issues of importance to psychologists. Your contribution helps to insure that your voice, and the voice of psychology, is heard in Salem.

Contributions are separate from association dues and are collected on a voluntary basis, and are not a condition of membership in OPA.

Take Advantage of Oregon's Political Tax Credit!

Your contribution to POPAC is eligible for an Oregon tax credit of up to \$50 per individual and up to \$100 per couples filing jointly.

To make a contribution, please fill out the form below, detach, and mail to POPAC at PO Box 86425, Portland, OR 97286

- POPAC Contribution -

We are required by law to report contributor name, mailing address, occupation and name of employer, so please fill out this form entirely.

Name: _____ Phone: _____

Address: _____

City: _____ State: _____ Zip: _____

Employer: _____ Occupation: _____

Senate District (If known): _____ House District (If known): _____

Amount of Contribution: \$ _____

Notice: Contributions are not deductible as charitable contributions for state or federal income tax purposes. Contributions from foreign nationals are prohibited. Corporate contributions are permitted under Oregon state law.

OPA Classifieds

OFFICE SPACE

Prime location in bustling NW 23rd neighborhood! Around corner from shops and restaurants. Free parking for patients and lessee. Handicap accessible. Large (193 sq ft) (10 x 19.5 ft) beautiful, bright, clean office in suite with two other therapists. New carpet/paint. Inviting waiting room. Kitchenette with fridge and microwave. Easy location for patients to find. Great place to build Therapy or Health Professional practice! Lease or sublease optional. Per day of week rate \$180. Contact Ryan Spokes, PhD at 503.888.6555 for more information.

Office available in office suite across from St. Vincent Hospital. Part-time receptionist and ample parking available. Office close to MAX line. Practice associated with medical psychology. Call 503.292.9183 for information or email akotspd@qwestoffice.net.

Lake Oswego Class A psychotherapy office for Sept., 2016. Colleague sought to join established group setting with 5 offices. Elegantly furnished, reasonably priced. David Manfield 503.223.2391.

Shared office space available in Lake Grove/Oswego Thursdays & weekends. Quiet, wooded building plenty of parking, perfect for adult therapist lauriemarzell@comcast.net 503.655.9493.

Office space for rent in close-in SE Portland. Victorian house shared with 4 other therapists. 2nd floor office with shared waiting room. Office includes two sand trays with shelves of miniatures, fax and copier. Available Mondays, Fridays, Saturdays and mornings on Tuesday, Wednesday, Thursday. \$150 per day per month, \$250 for two days, \$400 for two days and the three mornings. We can discuss arrangements and fees according to the renter's needs. I am moving toward retirement so the office will be available for full time rental in January, 2016. Judy Smith 503.239.7201 or dr.judithsmith@gmail.com.

PATIENT TREATMENT GROUPS

Pacific Psychology Clinic in downtown Portland and Hillsboro offers both psychoeducational and psychotherapy groups. Sliding fee. Group information web page www.pscpacific.org. Phone: 503.352.2400, Portland, or 503.352.7333, Hillsboro.

PROFESSIONAL SERVICES/EQUIPMENT

Confidential psychotherapy for health professionals. Contact Dr. Beth Kaplan Westbrook, 503.222.4031, helping professionals since 1991.

Go to Testmasterinc.com for a variety of good online clinical tests for children and adults, plus manuals. Violence-proneness, PTSD, ADHD, Depression, Anxiety, Big Five Personality, etc. Bill McConochie, PhD, OPA member.

Does the business part of your practice ever feel like too much? Do you wish you could take home more \$\$ with less effort? Would you like to work smarter, not harder? I provide practice management consultation exclusively to mental health professionals. I know your business. For a free consultation to see how I can help you, call Margaret Sears, 503.528.8404.

VACATION RENTALS

Sunriver Home 2 Bd, 2 ba, sleeps 5, minutes to the river and Benham Falls Trailhead. Treed, private back deck, hot tub, well maintained. \$150-\$225/night. Call Jamie Edwards 503.816.5086, To see photos go to vrbo.com/13598.

Alpenglow Chalet - Mount Hood. Only one hour east of Portland, this condo has sleeping for six adults and three children. It includes a gas fireplace, deck with gas BBQ, and tandem garage. The lodge has WiFi, a heated outdoor pool/hot tub/sauna, and large hot tub in the woods. Short distance to Skibowl or Timberline. \$200 per night/\$50 cleaning fee. Call 503.761.1405.

Beautiful Sunriver home with spectacular view of Mt. Bachelor. Sleeps 10. 3 bedrooms, 3 bathrooms. King, Queen, 1 set of bunks & 2 hide-a-beds. 2 master suites, 1 with jacuzzi tub. 3 TVs, 3 VCRs. Hot tub with a large deck. Bikes & garage. No smoking/pets. Rental price from \$185 - \$266, 20% reduction off regular rate given to OPA members. Call 503.390.2776.

Manzanita, 4 blks from beach, 2 blks from downtown. Master Bdrm/bath w/Qn, rm with dble/sngle bunk & dble futon couch, extra lrg fam rm w/Qn Murphy-Bed & Qn futon couch, living rm w/Qn sleeper. Well eqpd kitch, cable. No smoking. \$140 summers, \$125 winters. <http://home.comcast.net/~windmill221/SeaClusion.html> Wendy 503.236.4909, Larry 503.235.6171.

Ocean front beach house. 3 bedroom, 2 bath on longest white sand beach on coast. Golf, fishing, kids activities nearby and dogs (well behaved, of course) are welcome. Just north of Long Beach, WA, 2 1/2 hour drive from Portland. \$150 per night, two night minimum. Week rental with one night free. Contact Linda Grounds at 503.242.9833 or DrLGrounds@comcast.net.

Beautiful Manzanita Beach Getaway. Sleeps 6 (2 bedrooms and comfortable fold-out couch), & is available year-round. Wood stove & skylights, decks in the front & back of the house. Clean & comfortable. Centrally located; a few short blocks to beach, main street, & park. Golf & tennis nearby. No smoking/pets. Call 503.368.6959, or email at karen@manzanitaville.com or, go to www.manzanitaville.com.

OPA Colleague Assistance Committee Mentor Program Is Available

The goals of the Mentor Program are to assist Oregon psychologists in understanding the OBPE complaint process, reduce the stress-related risk factors and stigmatization that often accompany the complaint process, and provide referrals and support to members without advising or taking specific action within the actual complaint.

In addition to the Mentor Program, members of the Colleague Assistance Committee are available for consultation and support, as well as to offer referral resources for psychologists around maintaining wellness, managing personal or professional stress, and avoiding burnout or professional impairment. The CAC is a peer review committee as well, and is exempt from the health care professional reporting law.

Colleague Assistance Committee

Kate Leonard, PhD

503.292.9873

Rebecca Martin-Gerhards, EdD

503.243.2900

Lori Queen, PhD

503.639.6843

Marcia Wood, PhD

503.248.4511

Chris Wilson, PsyD, Chair

503.887.9663

CAC Provider Panel

Barbara K. Campbell, PhD

503.221.7074

Micheale Dunlap, PsyD

503.227.2027 ext. 10

Debra L. Jackson, PhD

541.465.1885

Kate Leonard, PhD

503.292.9873

Doug McClure, PsyD

503.697.1800

Lori Queen, PhD

503.639.6843

Ed Versteeg, PsyD

503.684.6205

Beth Westbrook, PsyD

503.222.4031

Marcia Wood, PhD

503.248.4511

The Oregon Psychologist Advertising Rates, Policies, & Publication Schedule

If you have any questions regarding advertising in the newsletter, please contact Sandra Fisher at the OPA office at 503.253.9155 or 800.541.9798.

Advertising Rates & Sizes

Advertising Rates & Policies Effective September 2013:

1/4 page display ad is \$100

1/2 page display ad is \$175

Full page display ad is \$325

Classifieds are \$25 for the first three lines (approximately 50 character space line, including spacing and punctuation), and \$5 for each additional line.

Please note that as a member benefit, classified ads are complimentary to OPA members. Members will receive one complimentary classified ad per newsletter with a maximum of 8 lines (50 character space line, including spacing and punctuation). Any lines over the allotted complimentary 8 will be billed at \$5 per additional line.

All display ads must be emailed to the OPA office in camera-ready form. Display ads must be the required dimensions for the size of ad purchased when submitted to OPA. All ads must include the issue the ad should run in and the payment or billing address and phone numbers.

The OPA newsletter is published four times a year. The deadline for ads is listed below. OPA reserves the right to refuse any ad and does not accept politi-

OPA Ethics Committee

The primary function of the OPA Ethics Committee is to “advise, educate, and consult” on concerns of the OPA membership about professional ethics. As such, we invite you to call or contact us for a confidential consultation on questions of an ethical nature. At times, ethical and legal questions may overlap. In these cases, we will encourage you to consult the OPA attorney (or one of your choosing) as well.

When calling someone on the Ethics Committee you can expect their initial response to your inquiry over the phone. That Ethics Committee member will then present your concern at the next meeting of the Ethics Committee. Any additional comments or feedback will be relayed back to you by the original contact person. Our hope is to be proactive and preventative in helping OPA members think through ethical dilemmas and ethical issues. Please feel free to contact any of the following Ethics Committee members:

Alex Duncan, PsyD, ABPP
503.807.7180

Jenne Henderson, PhD, Chair Elect
503.452.8002

Cathy Miller, PhD
503.352.7324

Nnenna Nwankwo
Student Member

Karen Paez, PhD, Chair
971.722.4191

Del Rapier
Student Member

Lisa Schimmel, PhD
503.381.9524

Sharon Smith, PhD
541.343.3114

Casey Stewart, PhD, ABPP
503.620.8050

Jane Ward, PhD
503.292.1885

cal ads. While OPA and the *The Oregon Psychologist* strive to include all advertisements in the most current issue, we can offer no guarantee as to the timeliness of mailing the publication nor of the accuracy of the advertising. OPA reserves the right not to publish advertisements or articles.

Newsletter Schedule*

2015

3rd Quarter Issue - deadline is August 3 (target date for issue to be sent out is mid-September)

4th Quarter Issue - deadline is November 2 (target date for issue to be sent out is mid-December)

*Subject to change

The Oregon Psychologist

Mary Peterson, PhD, President • Shoshana D. Kerewsky, PsyD, Editor

The Oregon Psychologist is a newsletter published four times a year by the Oregon Psychological Association.

The deadline for contributions and advertising is listed elsewhere in this issue. Although OPA and The Oregon Psychologist strive to include all advertisements in the most current issue, we can offer no guarantees as to the timeliness or accuracy of these ads, and OPA reserves the right not to publish advertisements or articles.

147 SE 102nd • Portland, OR 97216 • 503.253.9155 • 800.541.9798 • FAX 503.253.9172 • e-mail info@opa.org • www.opa.org

*Articles do not represent an official statement by the OPA, the OPA Board of Directors, the OPA Ethics Committee or any other

OPA governance group or staff. Statements made in this publication neither add to nor reduce requirements of the American Psychological Association Ethics Code, nor can they be definitively relied upon as interpretations of the meaning of the Ethics Code standards or their application to particular situations. The OPA Ethics Committee, Oregon Board of Psychologist Examiners, or other relevant bodies must interpret and apply the Ethics Code as they believe proper, given all the circumstances.