



Oregon Psychological Association

1 in 5 Oregonians suffer from mental illness on any given day. Psychologists provide essential mental health care to individuals across the state.

- There are over 1,100 licensed Psychologists practicing in Oregon. They treat thousands of patients annually.
- Psychologists are highly trained specialists in mental health with an average of seven years of training beyond the bachelor's degree. Psychologists licensed in Oregon have a minimum of two years supervised clinical training in addition to their education.
- Psychologists are trained in the biological, cognitive, emotional and social bases of behavior.
- Psychologists assess, diagnose and treat emotional, cognitive and mental disorders. Assessment and treatment are based upon scientifically tested techniques.
- Psychologists work with other health professionals to assist patients in coping with chronic illnesses and reduce expensive medical care in long-term conditions.
- Psychologists develop, test and enhance programs addressing social issues such as youth violence, terrorism, child abuse and homelessness.
- Psychologists teach people ways to achieve happiness in friendships, marriage, parenting, work and leisure.