



## WANT MORE INFO?

Visit [activerecoverytms.com](https://activerecoverytms.com)

Email [referrals@activerecoverytms.com](mailto:referrals@activerecoverytms.com)

or Call **503.506.6510** for a **FREE** phone consultation.

**TMS - AN ALTERNATIVE TREATMENT FOR  
DEPRESSION**



ACTIVE RECOVERY  
TMS



ACTIVE RECOVERY  
TMS

TMS is **an FDA-cleared treatment** and **is covered by most insurance plans.**

## TMS THERAPY FOR DEPRESSION

Transcranial magnetic stimulation (TMS) is a non-invasive treatment for patients whose symptoms have not improved after 2 or more antidepressant treatments or talk therapy.

### WHAT IS TMS?



FDA  
Cleared



Covered by Most  
Insurance Plans



Minimal Side  
Effects



20 Minute  
Sessions



5 Days a Week  
for 6 Weeks

### WHAT DOES TREATMENT CONSIST OF?

The course of treatment for TMS is **5 times per week for approximately 6 weeks.** Patients can resume their **normal activities** - including driving - immediately after their appointments.

### WHEN DO PATIENTS START FEELING BETTER?

Most trials indicate that patients experience improvement by the **4th week of treatment.** However, each patient is unique in their response, and some may improve before or after the fourth week.

**“TMS uses a highly focused magnetic pulse (similar to an MRI) to stimulate the area of the brain that controls mood.**

**This stimulation, over time, can result in a decrease in symptoms. For many patients, this can mean full remission from depression.”**

- Pritham Raj, MD, FACP

Board Certified in Internal Medicine & Psychiatry

## WHAT OUR PATIENTS SAY



*I walked into the office in a deep depression that had lasted 7 months, with no relief from various medications. I left feeling as though my life had been given back to me.*



Schedule a **FREE phone consultation**  
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